

Message From The Norfolk WIC Program

April 7, 2020

Dear WIC Participants,

We thank you in advance for your patience and understanding. Our clinics are currently closed to the public to help prevent the spread of the Coronavirus (COVID-19). WIC services will be conducted remotely by way of telephone. We are doing our best to personally contact WIC recipients for missed /cancelled appointments and benefits.

If you are a new WIC applicant, you will receive instructions on when you may pick up an eWIC card. It is important to have the best contact method for you. (ex: telephone number, mailing address, or email address)

At the Norfolk WIC Program, We are dedicated to make sure that we keep you and your family safe during this time.

Here are a few ways you can do your part to prevent the spread of COVID-19.

- Wash your hands for at least 20 seconds with soap and warm water
- Use hand sanitizer containing at least 60% Alcohol
- Cover your cough and sneezes with your sleeve or tissue
- Sanitize surfaces with disinfectant cleaner

Protect yourself and your family

- Stay home if you are sick
- Avoid close contact with others
- Monitor your temperature

To learn more about the Coronavirus, visit the Virginia Department of Health's webpage, **vdh.virginia.gov**

If you have non-medical questions, call the *Eastern Region VDH COVID-19 Hotline* at 757-683-2745. For questions in reference to housing, food, rent, medication assistance, Dial 211. This hotline does not enforce or provide testing results or locations.

For questions in regards to WIC appointments, WIC benefits or contact information, Please email us at norfolkwic@vdh.virginia.gov or call 757-531-2150.

From the Norfolk WIC family to yours, we wish you the best of health!

Sincerely,



Vincent Falzone
Outreach Coordinator



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